Anaemia and iron deficiency are among the top causes of morbidity and mortality throughout the world. While countries with chronic malnutrition have a high prevalence of people with iron-deficiency anaemia, iron deficiency states without anaemia are frequently found in countries with normal nutrition. Successful iron therapy depends on the correct diagnosis as well as the choice of effective iron preparations. This book deals with the diagnosis and treatment of iron deficiency states in females and presents numerous obstetric and gynaecological case reports encountered in daily practice.